



New course offering by the GRC educational centre in Bochum

First aid courses in English

Starting October 2020, the Bochum district association of the Red Cross offers first aid courses in English in their educational centre, which is located in Karl-Lange-Straße. More than 14 of these courses had already been scheduled by the end of 2021. The courses can now be booked online.



Basically there is nothing scheduled to examine if the most important contents are being internalized at the end of a first aid course. You only receive a certificate of attendance. Therefore it is enough to „sit throughout“ the time of the course without paying attention. At the same time one is obliged to attend a first aid course to receive a driver's license or work in a specific sector of a company.

The German Red Cross (GRC) Bochum focuses on comprehension

The instructors of the GRC educational center were increasingly facing the struggle of communication difficulties in the last few months. Several participants required a first aid certificate for the acquisition of their driver's license or their professional activity but were not able to comprehend the course contents because of their insufficient knowledge of the German language. Hence it was the desire of the instructors not only to certify the attendance but to ensure that the participants are able to understand and internalize the course contents. Therefore they adjusted the training facilities accordingly.

First Aid Courses according to the standards of the DGUV (German Social Accident Insurance) in English

Many of the course participants with migrational and/or refugee background have a sufficient education and are able to understand English very well. Due to the fact that some of the instructors of the GRC educational center finished their degree in the USA for example, the opportunity arose to offer first aid courses in English. The contents are based on the standards of the occupational insurance association – exactly like the courses in German..



The contents of the English-language first aid courses are also based on the requirements of the employers' liability insurance association in DGUV Principle 304-001 for initial and advanced training for company first aiders.



The target group of the English-language first aid courses are not only participants with a migration background, but also employees of large multinational companies and anyone interested in English.

Daytime and evening courses bookable

The educational center of the GRC Bochum is offering the first aid courses in English both as a daytime course as well as a 2-part evening course during the week.

Via the QR code you will be directed to the webpage of the web portal where you can book the courses.



Courses already available until the end of 2021

On the webportal there are already courses published until the end of the year 2021.

The daytime courses always start at 8:15am and end at around 4:15pm; the 2-part evening courses always start at 6pm and end around 10pm both days.

These are some of the next courses scheduled:

- Fri., October 23rd, 2020 (daytime course)
- Wed., November 25th, 2020 (daytime course)
- Fri., January 15th, 2021 (daytime course)
- Thu./Fri., January 21st/22nd, 2021 (2-evenings course)

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Summary of course information:

First aid course in English in accordance with European Red Cross and Red Crescent Guidelines on First Aid.

The Red Cross in Bochum is an accepted training institution for first aid, according to the Employer's Liability Insurance Association.

No previous knowledge is needed in order to attend a course.

Content of the course

- call for help
- general measures of assistance
- general procedures to be taken at loss of consciousness
- shock
- CPR with defibrillation
- wound dressing
- severe bleeding
- heart attack and stroke
- burn and chemical burn
- fractures
- poisoning
- combined with practical exercises in accordance to the corona-guidelines

Duration of the course

9 lessons consisting of 45 minutes each

Costs

55,00 €

or exemption from charges if participating in capacity as employee (form from your Employer's Liability Insurance Association will be sent automatically after the online-course-registration)

Cours Dates in 2021

From January 1st, 2021, we will be offering the English-language first aid courses on a regular basis in the following cycle:

- every 2nd Friday in odd months as a daily rate
- every 3rd Monday / Tuesday in even months as an evening course

